EVENTS OF INTEREST

# OMAN AND THE HOME

IN SOCIAL CIRCLES. Let the Woman's Page bespeak the woman-let it be a help to those who desire help; a comforter to those who need comforting, and above all, let it be a friend to every woman.

DOMESTIG HELPS AND AIDS TO HOUSEWIVES

# Little Beauty Chats

By BLANCHE BEACON

THE ART OF REDUCING.

beauty. Since it is a self-created foe, however, there is no need to despair. The woman of too much embonwho wishes to reduce, must sear one fact well in mind, and that

is that fresh air is an enemy to the "extra pound of flesh." The reason for this is that oxygen burns up carbon. Carbon has its being in the fieshy folds that cumber your hips neshy folds that cumber your hips and waist, so it is plain to be seen that the more you walk in "God's out of doors" and breathe in oxygen, the more quickly will you develop graceful lines of figure. Walk, therefore, those of you who plead guilty to too much fat.

Before you start out on your con stitutional, woman of too much flesh, it would be a good idea if you were it would be a good idea if you were sither to swaths your fleshy parts in thin rubber or wear a heavy woolen sweater underneath your coat. When you are all bundled up—whether in rubber or woolen, it matters not—I ask you to slowly drink a glassful of

Now sally forth for your exercise and as you walk along, be sure to throw the chest out and draw the abdomen in, also lift the chin a trifle.

When you have walked briskly about for half an hour, turn your

about for half an hour, turn your steps homeward.

By the time you reach your house door the rapid motion, the heavy clothing, and the inspiriting effects of the hat water will have caused your body to perspire freely. This is exsctly what we want, as perspiration breaks down the fatty cells.

Do not hasten to sip out of your heavy wrappings when you reach your home, as this would check the flow of perspiration. What you should do, if you wish to lose fiesh rapidly, is to retain the sweater or rubber garment and sitting at ease, rubber garment and sitting at ease Irink another glassful of hot water

This will stimulate the sweat glands Fat is the greatest foe to woman's that the unwanted flesh will literally melt away.

As soon as the pores of the skin cease exuding moisture, remove all your garments and give your body a brisk rub-down with alcohol.

There will be a noticeable decreas every day in your weight, if you will do as directed above. Keep count of your daily flesh losses and you will be infinitely gratified.



CHICAGO EXPERT TO DISCUSS THE "BIBLE AND THE SPADE"

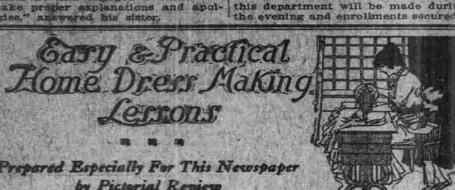
The man who was field director of the recent Babylonian expedition of the University of Chicago to Bismya. Edgar J. Banka, Ph. D., is to give an address at the Y. M. C. A. on "The Bible and the Spade," on October 22, in connection with the opening of the religious education department, following the fellowship supper at 6:30 to be served by the ladies' auxiliary of the association.

Dr. Banks will illustrate his factors.

sor of ancient history in Robert Coled, and more sait if necessary and lere at Constantinople.

The program for Thursday evening next includes instrumental music by

proper thing to do when a man is called away from a dance before it is half over and he has engaged several "He should go to every girl with solos by Mrs. I. T. Warner. Anwhom he had engaged a dance and make proper explanations and apologies." answered his sister.



Prepared Especially For This Newspaper by Pictorial Review

Lerrons

A DANCING SKIRT.

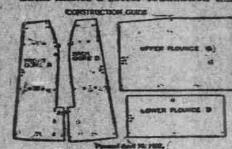


secin is used to develop the model.

For the dancing giri or the brides-aid this skirt is equally appropriate. looks lovely in tulle, than which no

fabric is more cloudy, more ethereal looking. Nor is there a material better adapted to the tiers of flouncing which ake up the skirt of many a creation Medium size requires 5% yards 36-ach or 4% yards 54-inch material to make, with 2% yards 36-inch taffets or satin for the foundation.

As illustrated, the skirt is just the fashionable length for dancing. It may but taking off the lower edges of gores and flounces on small "o" perforations. Satin makes a softer foundation than



affets. First join the gores as indicatlarge "O" perforation in front gore for opening. Pleat, bring folded edge to mall "o" perforations and press.
Slash upper flounce to the left of
the center-front on small "o" perforations for placket; then close

seams of Gather 1% inches from upper edges. Adjust on skirt, centers ident, also spoke at Unionville on sven; stitch gathers along crosslines of Tuesday. Mrs. M. Toscan Bennett small "o" perforations in skirt, large was the principal speaker at Bloom-"O" perforations in lower flounce and line of small "o" perforations in upper flounce at side seam. Adjust a web-bing or a straight strip of canvas 2 inches wide to position underneath up-per edge of skirt for a star with the press secre-tary spoke at Callington on Wednesday per edge of skirt for a stay; stitch uper edges together.

This design looks well in bordered materials also, 3% yards 28 inches deep being required for the purpose. Sizes 21, 22, 24, 26, 28, 30 and 33 inch-

These Home Dressmaking articles are prepared especially for this newspaper from the very latest styles by The Pictorial

### TO-DAY'S POEM

WHAT CONSITTUTES A STATE?

What constitutes a state? Not high-raised battlement or labored mound, Thick wall or moated gate cities proud with spires and turrets crowned; Not bays and broad armed ports,

Where, laughing at the storm, rich na-Not starred and spangled courts, Where low browed baseness wafts

perfume to pride. -men, high-minded men, With powers as far above dull brutes

endued In forest brake or den, beasts excel cold rocks and brambles rude: Men who their duties know, But know their rights, and, knowing, dare maintain \* \* \*

These constitute a state, And sovereign law, that state's collect-

O'er thrones and globes elate, lits empress, crowning good, repress

Sir William Jones.

#### A CORNER FOR GOOKS

Temeto Pot Boast. Beef off bottom of round, bolar, or any preferred cut for this dish, three to four pounds; hot drippings, two ta-blespoons; onions, two medium sized; carrot, one; bayleaf, one-half; liquid portion of a can of tomatoes, or fresh tomatoes, four or five; salt and papriks to taste; thickening, sugar, one-quarter teaspoonful; flour, one table-spoonful, will be needed.

Sear the meat on all sides in the hot drippings, put in boiler and add the onions, sliced, also the carrot, sliced, and half of a bayleaf. Cover with the If fresh tomatoes are used they should be peeled and cut into small pieces. Add the salt and pa-prika, cover the pot tightly and let shmmer slowly for three hours, or until done. A little water may be ad-ded if the tomato juice cooks down too much. When serving thicken the sauce, and add more sugar and more salt and pepper if necessary. en with one tablespoonful of flour, moistened with cold water, to each cup of gravy; let boil and serve in a sa

Special Baked Potatoes.

of the association.

Dr. Banks will illustrate his lecture with views taken in the Asiatic country of the peppers and chop finely. Boil tries which he explored, and a treat six ears of corn in the water in which is promised in the number and variety the peppers were cooked, and cook of pictures of the people and country the corn for ten minutes, or longer if as well as those of discoveries in an archeological way. It should be added that Dr. Banks has served his chopped peppers. Melt, but do not brown, two tablespoonfuls of butter in dad, private secretary to the American minister to Turkey, and profescorn, toss about lightly until well heat-

> Flour, two cups; baking powder, wo teaspoonfuls; sugar, two teapoonfuls; salt, one-half teaspoonful; butter, two rounded teaspoonfuls:

ilk, one-half cup; eggs, two. Sift together the flour, baking pow milk to which has been added the eggs, well beaten. Roll out on board with a fancy cutter if you have it. (The traditional scone is diamond shaped). Sprinkle with granulated sugar and bake for fifteen minutes or

## SUFFRAGISTS PLAN WATERBURY ATTACK

Campaigns For Coming Week Plan To "Take City By Storm."

Today finishes the first of the Eight Little Campaigns" which have een undertaken by the Connecticut hese campaigns have been planned for the weeks which will still be available before the real weather sets in and the roads of rural with a suffrage meeting in the Congregational church of East Hartford T. W. Spanswick presided over the meeting and Miss Emily Pierson made a forcible address on the moral and religious aspects of woman suf-

The leaders in all this campaign work have been Miss Emily Pierson Miss Alyse Gregory and Miss Isabella ed, leaving left side edges free above Sanders, the three organizers of the C. W. S. A. The officers of the Connecticut Woman Sufirage Association are also freely offering help in the campaign work. Mrs. T. N. Hepburn spoke last Tuesday at Unionville and on Wednesday at Simsburg. Mrs. Ernest Thompson Seten, the vice presand Mrs. Carlos Stoddard, the recording secretary of the C. W. S. A. spoke at Simsbury on Wednesday evening.

Among the Hartford women who have been "at the front" during the Burgundy, and lived in the seven-

Laura Jean Libby's Daily Talks on Heart Topics

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#### TO MEMORY DEAR

Forget? Aye all but this-I love you. The world outside is dark and dreary. seyond, O heart of mine, I will not go. Beyond your love, dear heart, I cannot go.

When two who have loved fondly begin to disagree, and after many a fallng out, agree to go their separate each imagine that the heart will not suffer.

opportunity to come eagerly forward

It is quite the same with a man, If his heart has gone out to one girl none other can have a like attraction for him. He is pleasant to all, but is careful to avoid anything like sentiment, thus giving the other girl reason to be-lieve that he is in the matrimonial

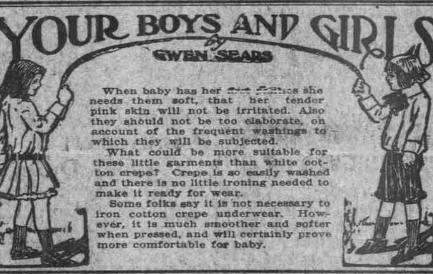
It is claimed that time heals all griefs. This is undoubtedly true; yet, try as we may, we cannot forget the old love which made the dull old world heaven on earth while it lasted. Destiny may turn our steps into other paths; we may find consolation with other hearts. But in our lonely moments, memory harks back to the lost

if he found it easy to forget her, or if women who transfer their affections it was with him as it was with her- from one who is not thinking of them "though lost to sight, to memory to the man who is present. Mem-dear." It is not enough to cherish a ory is poor food to feed a lonely heart

beautiful memory; better tha than blter feelings.

On the other hand, there is no use brooding over the happiness which might have been. The realities of life are never what we have pictured they would be. How many a woman wed-ded her first love, she might not have been so happy with him as with the man who eventually wooed and won her when her heart was riper and she knew better how to appreciate a good man's love. There are many people who fancy because a man remains a bachelor late in life that he is griev ing over some old love affair. Memory will not be shifted. Other ing over some old love affair. The would-be sweethearts may seize the fact is he gives the old love but a passing thought. When a sweethear and sue for the girl's favor, but some-how, not one of them fills the lonely another, he philosophically concludes another, he philosophically concludes that it's useless to cry over split milk. If he thinks of her at all, while her memory is still sweet to him, he concludes that their parting must have been for the best. Once in a while we hear of old loves patching up their differences in after years, which shows that there are some hearts, after all, which cling to faded romances. Love once disrupted is never quite the same The rock which they stumbled against in earlier life must always be carefully avoided. Young girls often be-come acquainted with young men and avoided. proceed to fall in love with them without encouragement. He takes his eave never to cross her path again. The girl's disappointment is great. For ory dear, when she should not waste What woman, in such idle moments, even a passing thought upon him. has not wondered what became of the lover who was once all in all to her: ashes, so let it rest. Wise are the

Laura from Libby



The places at which meetings were held during the week were East Hartland, West Granby, East Granby, Unionville, Aven, Burlington, West Granby, Bristol, Granby street, Bloomfield, Tariffville and Copper Hill where a mea-ing is being held this afternoon in the der, sugar and salt. Rub into this Methodist church, Rev. J. W. Faust mixture the butter. Then add the presiding. Rev. C. W. Hanna presid-Rev. C. T. Croft at the Simsbury meetthe thickness of an inch and cut ing which was organized and managed by Mrs. Charles Wood of Sims-

bury and Washington. Next week the campaign is being carried into the region around Waterbury, and many volunteers are combers of the Waterbury Equal Franchise League of which rMs. Julius Maltby is the president. Each of the six other "Little Campaigns" centers round a city or large town and in

helpers and volunteers.

The meeting of the executive board the purchase of the of the Connecticut Woman Suffrage thurch. In 1875 the first stone Association which was held at Suffrage Headquarters last Wednesday of the project favored an edifice arations for the Annual State Conven- ized by the majority that such an at tion which is to be held in Hartford tempt to emulate the architectural October 22 and 23rd. The sessions glories of the thirteenth century must October 22 and 23rd. The sessions glories of the thirteenth century must of the convention will all be held in fall, and the Byzantine plan was Woman Suffrage Association, All Unity Hall. The first session opens adopted. at noon on Thursday and all sessions will be open to the public. Business sessions will be held at 12 m. the Church of the Sacre Coeur, and at 2 p. m. Thursday and at 2 a. their arms appear in pillars within m. and 2 p. m. Friday. Lunch will the building. Practically every be served each in Lowker Unity Hall. stone bears the name of a village, Connecticut become impossible for the suffrage motor cars. The first was in Hartford county, chiefly in the region to the north and west of the city of Hartford. It began last Sunday ner at 8 p. m. at the Hotel Bond will the building. Practically every stone bears the name of a village, community or individual donor. Canada contributed an altar to St. John of Hartford. It began last Sunday ner at 8 p. m. at the Hotel Bond will the Baptist, and Ireland's offering was precede the public meeting.

> FETE OF MARGUERITE MARIE TO BE OBSERVED IN PARIS TO-DAY.

If elaborate plans made some time ago are carried out, the fete of Bles-sed Marguerite Marie will be celebrated in Paris to-day by official consecration of the Church of the Sacre Coeur Montmartre, thus bringing to full realization a plous project which had its origin during the reign of Louis The cornerstone of the sacred edifice was laid thirty-nine years ago to-day, in the pregence of thousands of Catholics gathered from all over France, and the church is still far from complete, although the magnificent building has already cost over \$8,000,000. It is a large and stately white structure of the Byzantine style of architecture, and it is destined to become a Mecca for the Catholies of the republic, and the most majestic monument reared by the religious spirit of France.

week are Mrs. C. M. Ciapp, Mrs. teenth century. Like Joan of Arc, Louis F. Middlebrook, Mrs. Gibeon she saw visions, and it is said that Bradbury, Mrs. L. B. Leavitt, Miss Jesus appeared to her on many occa-Lillian Corn, Miss Gladys Hills, Miss sions, always displaying his sacred Mary Bulkley, Mrs. Brooks M. Lin- heart. In 1675 Marguerite Marie recoin Mrs Frank C. Jones Mrs. Cecil ceived a revelation that she, in co-Byles and Mrs. Sheppard, wife of Dr. operation with Father de la Colom-

biere, of the Society of Jesus, was to institute the feast of the Sacred Heart, and to spread that devotion throughout the world. Simsbury, revelation she was commanded to have uilt a church dedicated to the S cred Heart on the summit of the hill of Montmartre in Paris-the site of the martyrdom of St. Denis, the patron saint of France.

Louis XVI was persuaded to erecthe church on Montmartre, but before the plans of the architect were pleted the king was led away to the scaffold. Napoleon then considered the project; although it was his purpose to build a temple of peace on Montmartre: For Napoleon there was no peace, however, and after the restoration of the Hourbons the plous wish of Blessed Marguerite Marie received no further consideration.

It was not until after the down fall of the second empire that French Catholics again took up the enter-prise. The proposal was for a time each case Miss Pierson and Miss blocked by the government, which de-Gregory will have the aid of local sired to use the site for a fort, but at last the National Assembly authorized laid. Some of the financial backers was chiefly devoted to the final prep- Gol'tic architecture, but it was real-

Cities and towns France contributed to the building of an altar to St. Patrick. bronze doors are among the most beautiful in the world.

Services have been held in the nave of the church every Sunday for some time, but years must elapse before the gigantic structure will be complete in all its details. It is the purpose of the church to be truly democratic and to appeal to Catholics regardless of class or station in life. pose has already been realized, as the Sunday congregations in the nave are representative of every class of society in the French capital.

OCTOBER AND NOVEMBER TOURS

Late October and November in recent years have become a popular season for week-end vacation trips and vacations of longer duration. A varied list of independent tours in-cluding hotels, all expenses, have been arranged for this particular period to Florida via boat, low rate trips to the West, popular-priced tours to Washington, D. C., Atlantic City, Old Point Comfort, Bermuda and the West In-dies, week-end vacation trips to Vermont, New Hampshire, Berkshire Hills, Maine, etc., a choice variety. Outline your trip and call on Geo. E. Marsters, 248 Washington St., Bos-

Buy Now French & Dutch Bulbs JOHN RECK & SON

Europe's Armageddon and The Last War.

BY H. G. WELLS, Copyright, 1914, by H. G. Wells.

"Well," said the king with his hands about his knees, "we shall be the government. "The conference?" exclaimed Firmin.

"Who else?" asked the king simply. "It's perfectly simple," he added to

Firmin's tremendous silence. "But," cried Firmin, "you must have sanctions! Will there be no form of election, for example?

"Why should there be?" asked the king with intelligent curiosity. "The consent of the governed."

"Firmin, we are just going to lay down our differences and take over government without any election at all, without any sanction. The governed will show their consent by silence. If any effective opposition arises we shall ask it to come in and help. The true sanction of kingship is the grip upon the scepter. We aren't going to worry people to vote for us. I'm certain that the mass of men does not want to be bothered with such things. We'll contrive a way for any one interested to join in. That's quibe enough in the way of democracy. Perhaps later, when things don't matter. We shall govern all right, Firmin. Governlawyers get hold of it, and since these troubles began the lawyers are shy. Indeed, come to think of it, I wonder where all the lawyers are. Where are they? A lot, of course, were baggedsome of the worst ones-when they blew up my legislature. You never

knew the late lord chancellor.

"Necessities bury rights. Lawyers live on rights.' We've done with that way of living. We won't have more law than a code can cover, and beyond that government will be free.

"Before the sun sets today, Firmin, trust me, we shall have made our ab-dications, all of us, and declared the world republic, supreme and indivisible. I wonder what my august grandmother would have made of it-all my rights! And then we shall go on governing. What else is there to do? All over the world we shall declare that there is no longer mine or thine, but ours. China, the United States, twothirds, will certainly fall in and obey. They will have to do so. What else can they do? Their official rulers are here with us. They won't be able to get together any sort of idea of not obeying us. Then we shall declare that every sort of property is held in trust for the republic."

"But, sir," cried Firmin, suddenly enlightened, "has this been arranged already?"

"My dear Firmin, do you think we in the open air, and over the dark have come here, all of us, to talk at crass to the west the glowing June large? The talking has been done for half a century, talking and writing. We are here to set the new thing, the simple, obvious, necessary thing, go-

He stood up. Firmin, forgetting the habits of a score of years, remained seated. "Well," he said at last, "and I have

known nothing!" The king smiled very cheerfully. He liked these talks with Firmin.

> CHAPTER IX. The Ending of War. HAT conference upon the Bris-

sago meadows was one of the most heterogeneous collections of prominent people that has ever met together. Principalities and powers, stripped and shattered until all their pride and mystery were gone, met in a marvelous new humility. Here were kings and emperors whose capitals were lakes of flaming destructon, statesmen whose countries had be come chaos, scared politicians and financial potentates. Here were leaders of thought and learned investigators dragged reluctantly to the control of affairs. Altogether there were ninety-three of them, Leblanc's conception of the head men of the world. They had all come to the realization of the simple truths that the indefatiga-ble Leblanc had hammered into them, and, drawing his resources from the king of Italy, he had provisioned his conference with a generous simplicity quite in accordance with the rest of his character and so at last was able to make his astonishing and entirely rational appeal. He had appointed King Egbert the president. He believed in this young man so firmly that he completely dominated him, and he spoke himself as a secretary might speak from the president's left band, and evidently did not realize himself that he was telling them all exactly what they had to do. He imagined he was merely recapitulating the obvious features of the situation for their convenience. He was dressed in illfitting white silk clothes, and he consulted a dingy little packet of notes as he spoke. They put him out. He explained that he had never spoken from notes before, but that this occasion was exceptional.

And then King Egbert spoke as he was expected to speak, and Leblanc's spectacles moistened at that flow of generous sentiment, most amiably and lightly expressed. "We haven't to stand on ceremony," said the king, "we have to govern the world. We have saways pretended to govern the world, and here is our opportunity." "Of course," whispered Lebianc, nod-

ding his head rapidly, "of course."
"The world has been smashed up, and we have to put it on its wheels again," said King Egbert, "as it is the simple common sense of this crisis for all to help and none to seek advan tage. Is that our tone or not?"

The gathering was too old and seasoned and miscellaneous for any great

displays of enthusiasm, but that was its tone, and with an astonishment that somehow became exhibarating it began to resign, repudiate and declare in intentions. Firmin, taking notes behind his master, heard everything that had been foretold among the yellow broom come true. With a queer feeling that he was dreaming, he assisted at the proclamation of the world state and saw the message taken out to the wire. less operators to be throbbed all around the habitable globe. "And next," said King Egbert, with a cheerful excitement in his voice, "we have to get every atom of carelinum and all the plant for making it into our control." Firmin was not alone in his incredull-

ty. Not a man there who was not a very amiable, reasonable, benevolent creature at bottom. Some had been born to power, and some had happened upon it. Some had struggled to get it. not clearly knowing what it was and what it implied, but now was irreconcilably set upon its retention at the price of cosmic disaster. Their minds had been prepared by circumstances and sedulously cultivated by Leblanc, and now they took the broad, obvious road along which King Egbert was leading them with a mingled convertion of strangeness and necessity, Things went very smoothly. The king of Italy explained the arrangements that had been made for the protection of the camp from any fantastic attack. A couple of thousand of seroplanes, each carrying a sharpshooter, guarded them, and there was an excellent system of relays, and at night all the sky would be searched by scores of lights, and the admirable Leblanc gave luminous ressons for their-camping just where they were and going on with their adminis trative duties forthwith. He knew of this place because he had happened upon it when holiday making with Mme. Leblanc twenty years and more ago. "There is very simple fare at present," he explained, "on account of the disturbed state of the countries about us. But we have excellent fresh milk, good red wine, beef, bread, enlad and lemons. In a few days I hope to place things in the hands of a more

efficient caterer." The members of the new world government dined at three long tables on trestles, and down the middle of these tables Leblanc, in spite of the barrenness of his menu, had contrived to have a great multitude of beautiful roses. There was similar accommodation for the secretaries and attendants at a lower level down the mountain The assembly dined as it had debated sunset shone upon the banquet. There was no precedency now among the ninety-three, and King Egbert found himself between a pleasant little Japanese stranger in spectacles and his cousin of central Europe and opposite a great Bengali leader and the president of the United States of America Beyond the Japanese was Holston, the old chemist, and Leblanc was a little way down on the other side.

The king was still cheerfully talks tive and abounded in ideas. He fell presently into an amiable controversy with the American, who seemed to feel a lack of impressiveness in the occa-

It was ever the transatiantic bandency, due no doubt to the necessity of handling public questions in a bulky and striking manner, to overemphasize and overaccentuate, and the president was touched by his national failing He suggested now that there should be a new era, starting from that day as the first day of the first year.

The king demurred. 'From this day forth, sir, man enters upon his heritage," said the American. "Man," said the king, "is always antering upon his beritage. You Americans have a peculiar weakness for anniversaries-if you will forgive me saying so. Yes, I accuse you of a lust for dramatic effect. Everything is happening always, but you want to say this or this is the real instant in time and subordinate all the others to it." The American said something about

an epoch making day. "But surely," said the king, "you don't want us to condemn all human ity to a world wide annual Fourth of June forever and evermore on account of this harmless necessary day of dec larations? No conceivable day could ever deserve that. Ab, you do not know, as I do, the devestations of the memorable! My poor grandparents were rubricated. The worst of these huge celebrations is that they break up the dignified succession of one's contemporary emotions. They interrupt. They set back. Suddenly out come the flags and fireworks, and the old enthusiasms are furbished up-and it's sheer destruction of the proper thing that ought to be going on. Butficient unto the day is the celebration thereof. In the dead past bury in dead. You see, in regard to the calendar, I am for democracy and you are for aristocracy. All things, I hold, are august and have a right to be lived through on their merits. No day should be sacrificed on the grave of departed events. What do you think of it, Wilhelm?

"For the noble, yes, all days abould "Exactly my position," said the king, and felt pleased at what he had

(To Be Continued.)

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